

Wolverhampton Buddha Vihara



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Group Chanting Before Meditation

Request for Five Precepts

Mayam bhante, visum visum rakkhanatthaya, tisanena saha, pancasilani yacama.

Dutiyampi, mayam Mayam bhante, visum visum rakkhanatthaya, tisanena saha, pancasilani yacama.

Tatiyampi, mayam Mayam bhante, visum visum rakkhanatthaya, tisanena saha, pancasilani yacama.

Translation

Venerable Sir, we do seek from you, for individual observance, the five precepts along with the Three Gems.

For the second time, Venerable Sir, we do seek from you, for individual observance, the five precepts along with the Three Gems.

For the third time, Venerable Sir, we do seek from you, for individual observance, the five precepts along with the Three Gems.

Repeat after the Monk

Pali Chanting in the Theravada Buddhist Tradition

Vandanâ

Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa
Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa
Namô Tassa Bhagavatô Arahâtô Sammâ-Sambuddhassa

Ti-Sarana

Buddham Saranam Gacchâmi.
Dhammam Saranam Gacchâmi.
Sangham Saranam Gacchâmi.
Dutiyampi Buddham Saranam Gacchâmi.
Dutiyampi Dhammam Saranam Gacchâmi.
Dutiyampi Sangham Saranam Gacchâmi.
Tatiyampi Buddham Saranam Gacchâmi.
Tatiyampi Dhammam Saranam Gacchâmi.
Tatiyampi Sangham Saranam Gacchâmi.

Panca-sila

Pânâtipâtâ Veramani Sikkhâpadam Samâdiyâmi.
Adinnâdânâ Veramani Sikkhâpadam Samâdiyâmi.
Kâmesu Micchâcârâ Veramani Sikkhâpadam Samâdiyâmi.
Musâvâdâ Veramani Sikkhâpadam Samâdiyâmi.
Surâ Mâyaya Majja Pamâdatthânâ Verami Sikkhâpadam Samâdiyâmi

Homage to the Triple Gems

Homage to Him, the Blessed One, the Exalted One, the Fully Enlightened One.
Homage to Him, the Blessed One, the Exalted One, the Fully Enlightened One.
Homage to Him, the Blessed One, the Exalted One, the Fully Enlightened One.

The Three Refuges

I go to the Buddha as my refuge.
I go to the Dhamma - The Teachings, as my Refuge.
I go to the Sangha - The Community, as my Refuge.
For the second time I go to the Buddha as my Refuge.
For the second time I go to the Dhamma - The Teachings, as my Refuge.
For the second time I go to the Sangha - The Community, as my Refuge.
For the third time I go to the Buddha as my Refuge.
For the third time I go to the Dhamma - The Teachings, as my Refuge.
For the third time I go to the Sangha - The Community, as my Refuge.

The Five Precepts

I undertake to observe the precept to abstain from destroying living beings.
I undertake to observe the precept to abstain from taking things not given.
I undertake to observe the precept to abstain from sexual misconduct.
I undertake to observe the precept to abstain from false speech.
I undertake to observe the precept to abstain from liquor causing intoxication and heedlessness.

Group Chanting After Meditation

Buddha Vandana

**Iti pi so Bhagavâ-Araham Sammâ-sambuddho.
Vijjâ-carana sampanno Sugato Lokavidû Anuttarro
Purisa-damma-sârathi Satthâ deva-manussânâ
Buddho Bhagavâti**

Dhamma Vandana

**Svâkkhato Bhagavatâ Dhammo Sanditthiko Akâliko Ehi-passiko
Opanâyiko Paccattam
veditabbo viññuhiti.**

Sangha Vandana

**Supati-panno Bhagavato sâvaka sangho, Ujupati-panno
Bhagavato sâvaka sangho.
Ñâya-patipanno Bhagavato sâvaka sangho. Sâmicipatipanno
Bhagavato sâvaka sangho
Yadidam cattâri purisa yugâni attha-purisa-puggalâ Esa
Bhagavato sâvaka sangho.
Âhu-neyyo, pâhu-neyyo, Dakkhi-neyyo, añjalikaraniyo,
anuttaram puññakkhetam lokassâti**

Translation - Homage to the Buddha

Thus indeed, is that Blessed One: He is the Holy One, fully enlightened, endowed with clear vision and virtuous conduct, sublime, the Knower of the worlds, the incomparable leader of men to be tamed, the teacher of gods and men, enlightened and blessed.

Translation - Homage to the Teachings

The Dhamma of the Blessed One is perfectly expounded; to be seen here and how; not delayed in time; inviting one to come and see; onward leading (to Nibbana); to be known by the wise, each for himself.

Translation - Homage to the Disciples of the Buddha

The Sangha of the Blessed One's disciples has entered on the good way; the Sangha of the Blessed One's disciples has entered on the straight way; the Sangha of the Blessed One's disciples has entered on the proper way, that is to say; the Four Pairs of Men, the Eight Types of Persons; the Sangha of the Blessed One's disciples is fit for gifts, fit for hospitality, fit for offerings, and fit for reverential salutation, as the incomparable field of merit for the world.

Repeat after the Monk After Meditation

Spreading Loving Kindness

Aham avero homi
abyapajjho homi
anigha homi
sukhi attanam pariharami
Aham viya mayham
acariyauppajjaya
matapitaro
hita sutta, majjhatika-satta, veri satta
avera hontu
abyapajjha hontu
anigha hontu
sukhi attanam pariharant
Dukkha muccantu
Yattha-laddha-sampattito mavigacchantu
Kamassaka

Translation – Spreading Loving Kindness

*May I be free from enmity and danger
May I be free from mental suffering
May I be free from physical suffering
May I take care of my own happiness
As I am so too my
teacher,
May my parents
family, and friends
be free from enmity and danger
be free from mental suffering
be free from physical suffering
may they take care of their own happiness
May all being be free from suffering*

Group Chanting After Meditation

A Blessing

**Bhavatu sabba-maṅgalaṃ. Rakkhantu sabba-devatā.
Sabba-buddhānubhāvena sadā sotthī bhavantu te.**

**Bhavatu sabba-maṅgalaṃ. Rakkhantu sabba-devatā.
Sabba-dhammānubhāvena sadā sotthī bhavantu te.**

**Bhavatu sabba-maṅgalaṃ. Rakkhantu sabba-devatā.
Sabba-saṅghānubhāvena sadā sotthī bhavantu te.**

Translation – A Blessing

May there be every blessing. May all heavenly beings protect you.
Through the power of all the Buddhas, may you always be well

May there be every blessing. May all heavenly beings protect you.
Through the power of all the Dhammas, may you always be well.

May there be every blessing. May all heavenly beings protect you.

Through the power of all the Saṅghas, may you always be well.